

Founded in 1974, SERV Centers of New Jersey is the cornerstone of the organization that has since grown to become **SERV Behavioral Health System**. A private, not-for-profit behavioral healthcare organization, SERV focuses on serving adults and children who are working to recover from and cope with serious mental illness or developmental disability.

Every person can make a valuable contribution to the community. That is why SERV integrates housing and supportive services to address the needs of the whole person and does not treat just an illness.

It is our goal to assist the people who come into our care to live and work successfully in their communities as they gradually build a more independent and meaningful life outside the walls of an institution.

## Why SERV/Hudson?

- 82% of Hudson Group Home and Apartment consumers and 86% of Therapeutic Foster Care consumers rated overall quality of care and service as “Very Good” or “Excellent”.
- 90% of Hudson apartment and group home respondents and 95% of Therapeutic Foster Care respondents said they would recommend SERV/Hudson to others
- 88% of Hudson group home and apartment respondents and 89% of Therapeutic Foster Care respondents reported improvement since participating in treatment at SERV/Hudson. 55% and 47%, respectively, reported being “a great deal better”.

**SERV** Behavioral Health System, Inc.  
*Building Strength through Community*

SERV Behavioral Health System maintains special needs programs throughout New Jersey. For information about other SERV programs and services contact our Administrative Office at 380 Scotch Road, West Trenton, NJ 08628. Phone: 609-406-0100 Fax: 609-406-0307  
[www.servbhs.org](http://www.servbhs.org)

Or Call: 1-800-987-SERV (7378)

# SERV/Hudson

Programs for Adults Working to Recover  
from and Cope with Mental Illness



Hudson County Programs

**SERV** Centers of New Jersey  
Hudson County Office located at:

777 Bloomfield Avenue, Suite A  
Clifton, NJ 07012  
Phone: 973-778-6174  
Fax: 973-778-7727  
1-800-987-SERV (7378)

[www.servbhs.org](http://www.servbhs.org)

# SERV/Hudson

SERV's Hudson County office is situated just 15 minutes from New York City. Dispersed throughout the county, the residential programs integrate local resources into daily living forming a positive network of opportunity and support for each of our consumers.

## STEP-BY-STEP: COMMUNITY RE-INTEGRATION\*

### GROUP HOMES

The first steps toward independence, these 24-hour supervised residences provide a home for adults who are working to cope with a serious mental illness. Group homes are useful to those just coming out of hospital or those who have been unsuccessful living in less structured settings. Residents are generally referred through the state, county and local hospital system.

### MICA RESIDENCE FOR MEN

A 24-hour supervised residence where consumers who are dually diagnosed with a mental illness and chemical addiction can strive to gain their independence through a 3-tiered level system.

### SUPERVISED APARTMENTS

24 hour a day access to staff support for those who need limited personal supervision. Often these adults attend day programs and may benefit from daily visits with residential staff to keep up with daily activities leading to more independent living.

### SEMI-INDEPENDENT APARTMENTS

Residents are often transitioned from supervised apartments. They have access to an "on call" staff and may require minimal staff supervision per week to successfully maintain their hygiene and medication routines.

### SUPPORTED INDEPENDENT LIVING APARTMENTS

These adults live in their own apartment and have a daily routine that they plan. They have achieved stability with medication and symptom management and may need occasional support from staff to deal with the changes and stressors of program, work or school.

### ADULT THERAPEUTIC FOSTER CARE

Consumers who need a less structured facility, but still need guidance and support can live with a family in a homelike environment. Trained providers teach and monitor consumers with everyday needs while helping them maintain their autonomy. Therapeutic Foster Care Counselors also assist both client and providers with 24 hour/7 day a week availability, case management and support.

### CRISIS RESPITE BEDS (2)

This program is designed to provide intensive support and structure on a time-limited basis in an effort to avoid hospitalization or to assist in further psychiatric stabilization.

**\*Participants in these residential programs are at least 18 years of age, live within our service area and have a primary psychiatric diagnosis.**

## Access/Eligibility

### REFERRAL PROCESS – CALL 1-800-987-SERV (7378)

Referrals for most of our residential placements are made through the state, local and county hospital systems, however, some community referrals can be accommodated. Placement in our programs is dependent upon the consumer's appropriateness for the program and availability at that time.

### COST OF CARE

SERV offers consumers a sliding scale fee to accommodate their finances. We also assist those who may be eligible to access additional financial assistance. Those who choose to enter SERV residential programs commit both to their treatment and to paying a portion of the cost of their care. The exact amount is determined based upon their income.

### STAFFING AND CREDENTIALS

*Masters Level-* Director, Clinical Coordinators, Clinical Case Managers. *Bachelors Level-* Clinical Assistants, TFC Counselors, full time counselors, part time overnights counselors, and per diems. *Registered Nurses-* fulltime and part time.

### TREATMENT PLANNING & SERVICE COORDINATION

Each SERV consumer has an individualized treatment plan designed to improve their level of functioning. Through the services provided, such as supportive counseling, medication monitoring and client care services, consumers are able to move towards their independence. Also, we work with other service organizations, psychiatrists and primary care physicians to enhance the link between community resources and each SERV consumer.