

Founded in 1974, SERV Centers of New Jersey is the cornerstone of the organization that has since grown to become **SERV Behavioral Health System**. A private, not-for-profit behavioral healthcare organization, SERV focuses on serving adults and children who are working to recover from and cope with serious mental illness or developmental disability.

Every person can make a valuable contribution to the community. That is why SERV integrates housing and supportive services to address the needs of the whole person and does not treat just an illness.

It is our goal to assist the people who come into our care to live and work successfully in their communities as they gradually build a more independent and meaningful life outside the walls of an institution.

Why SERV/Middlesex?

- More than half (60%) of SERV/Middlesex Group Home and Apartment residents rated the overall quality of their care and service as “Very Good” or “Excellent”
- 87% of Middlesex respondents said they would recommend SERV/Mercer to others
- 87% of Middlesex respondents reported improvement since participating in treatment at SERV/Middlesex. 46% reported being “a great deal better”

SERV Behavioral Health System, Inc.
Building Strength through Community

SERV Behavioral Health System maintains special needs programs throughout New Jersey. For information about other SERV programs and services contact our Administrative Office at 380 Scotch Road, West Trenton, NJ 08628. Phone: 609-406-0100 Fax: 609-406-0307
www.servbhs.org

Or Call: 1-800-987-SERV (7378)

SERV/ Middlesex

Programs for Adults Working to Recover
from and Cope with Mental Illness



Middlesex County Programs

SERV Centers of New Jersey
Middlesex County Office located at:

197 Route 18 South, Suite 306N
East Brunswick, NJ 08816
Phone: 732-937-6800
Fax: 732-937-9062
1-800-987-SERV (7378)

www.servbhs.org

SERV/Middlesex

SERV's Middlesex County office is situated just off of the NJ Turnpike at Route 18. Dispersed throughout the county, the programs integrate local resources into daily living and form a positive network of opportunity and support for each of consumer.

STEP-BY-STEP: COMMUNITY RE-INTEGRATION*

GROUP HOMES (6 HOMES /CAPACITY 35)

The first steps toward independence, these 24-hour supervised residences provide a home for adults who are working to cope with a serious mental illness. Group homes are useful to those just coming out of hospital or those who have been unsuccessful living in less structured settings. Residents are referred through the state hospital system.

MICA GROUP HOME FOR MEN (1 HOME/CAPACITY 5)

A 24 -hour supervised residence where consumers who are dually diagnosed with a mental illness and chemical addiction can strive to gain their independence through a 3-tiered level system.

SUPERVISED APARTMENTS (3 SETTINGS/CAPACITY 100)

These A and B Level apartments offer 24 hour a day access to staff support for those who need limited personal supervision. Often these adults attend day programs and may benefit from daily visits with residential staff to keep up with personal care and medication issues.

MICA APARTMENTS (CAPACITY 9)

For residents with dual diagnosis that require access to "on call" staff 24 hours a day. They receive staff supervision during the week to successfully maintain their hygiene and medication routines.

GERIATRIC GROUP HOME (14)

This 24-hour supervised residential setting is designed to provide extra assistance to those 55 & older who require certain accommodations. Daily assistance is given to maintain personal care and medication routines.

CRISIS RESPITE BEDS (4)

One to Thirty days of intensive support for SERV residents to provide structure in a group homes setting to refocus the consumer and prevent re-hospitalization.

SERV Day Treatment Program

Operating from 9am to 3:30pm each weekday, this individualized and goal-directed programming is designed to provide a stabilizing foundation while increasing each individual's level of independent functioning. Enrollment is limited to 35 and applicants should be Medicaid eligible.

Access/Eligibility

REFERRAL PROCESS – CALL 1-800-987-SERV (7378)

Referrals for most of our residential placements are made through the state hospital system, however, some community referrals can be accommodated. Placement in our programs is dependent upon the consumer's appropriateness for the program and availability at that time.

COST OF CARE

SERV offers consumers a sliding scale fee to accommodate their finances. We also assist those who may be eligible to access additional financial assistance in doing so. Those who choose to enter SERV residential programs commit both to their treatment and to paying a portion of the cost of care. The exact amount is determined based upon their income.

QUALIFIED STAFF

Staff work closely with each individual to assist and encourage them in their recovery. The staff to consumer ratio in SERV/Middlesex averages 5.5 staff to 5 clients (group homes) and 1 staff to every 7 apartment clients. All direct care staff have a bachelor's degree or at least 4 years of relevant experience.

TREATMENT PLANNING & SERVICE COORDINATION

We work with many other service organizations, psychiatrists and primary care physicians to enhance the link between community resources and each SERV consumer. Our client-centered approach includes acquiring supportive services for the whole family unit when necessary.

*Participants in these SERV/Middlesex programs are at least 18 years of age, live within our service area and have a primary psychiatric diagnosis.