

SERV CENTERS OF NEW JERSEY ————— OVERVIEW

OUR MISSION - BUILDING STRENGTH THROUGH COMMUNITY

Founded in 1974, SERV Centers of New Jersey is the cornerstone of the organization that has since grown to become SERV Behavioral Health System. A private, not-for-profit behavioral healthcare organization, SERV Centers focuses on serving adults and children who are working to recover from and cope with serious mental illness.

Every person can make a valuable contribution to the community. That is why SERV integrates housing and supportive services to address the needs of the whole person and does not treat just an illness.

It is our goal to assist the people who come into our care to live and work successfully in their communities as they gradually build a more independent and meaningful life outside the walls of an institution.

SERV AS A BENEFIT AND RESOURCE TO THE COMMUNITY

Much More than Mental Health

Through our work we address a multitude of social issues including homelessness, hunger, housing, addiction recovery, child welfare and abuse, senior care, diversity and tolerance, and educational issues.

Treatment that Works

Research indicates that mental health consumers are much more responsive to accepting treatment after they have housing in place.¹ Because we integrate housing with supportive services, SERV is able to achieve a higher level of success with a very challenging population.

The Continuum of Care

SERV provides a continuum of care that allows for varying levels of care and supervision. Consumers at SERV begin at the most appropriate level of care for them and, through treatment planning and hard work, gradually move toward greater levels of independence. Throughout this transition back into the community, they are encouraged and supported by trained staff.

¹ New Freedom Commission on Mental Health, Achieving the Promise: Transforming Mental Health Care in America. Final Report DHHS Pub. No. SMA-03-3832. Rockville, MD: 2003.

COMMUNITY REINTEGRATION – HOUSING, SUPPORT & GUIDANCE *

Group Homes – The first step toward independence, these 24-hour supervised residences provide a home for adults who are working to cope with a serious mental illness. Residents are generally referred through a state psychiatric hospital.

Apartment Programs – A wide variety of apartment programs offer variation in support and supervision for those adults who are in the process of building a progressively more independent life.

Dually-Diagnosed – Specialized residential programs for individuals who have a mental illness as well as a chemical addiction.

Adult Foster Care – Long term foster care for adults who are in need of the ongoing on-site support, assistance and supervision that a family setting can provide.

*Participants in these residential programs are at least 18 years of age, live within our service area and have a primary psychiatric diagnosis

SERV DAY TREATMENT PROGRAM – BUILDING SKILLS FOR INDEPENDENCE

A daily structured program that is geared toward helping mental health consumers to remain healthy in the community and work toward greater independence. Working with a psychiatrist and clinical staff, SERV Day Treatment Program participants work on personal goals such as attaining a job as well as daily living skills.

CLIFTON BEHAVIORAL HEALTHCARE – BRINGING MENTAL HEALTH HOME

Available to residents in and around Clifton, New Jersey, this outpatient community mental health center provides counseling, support and mental health assistance to individuals, families, couples, and children.

TO ACCESS SERV CENTERS PROGRAMS CALL 1-800-987-SERV

SERV CENTERS SERVICE AREA

Mercer, Middlesex, Union, Hudson, and Passaic Counties. Not all services are available in every county.

REFERRAL PROCESS – CALL 1-800-987-SERV (7378)

Referrals for most of our residential placements are made through the state hospital system, however, some community referrals can be accommodated. Placement in our programs is dependent upon the consumer's appropriateness for the program and availability at that time.

If you have a family member or friend who would benefit from a SERV Centers program call our office for assistance in acquiring the proper referral.

COST OF CARE

SERV offers consumers a sliding scale fee to accommodate their finances. We also assist those who may be eligible to access additional financial assistance in doing so. Those who choose to enter SERV residential programs commit both to their treatment and to paying a portion of the cost of care. The exact amount is determined based upon their income.

STAFFING AND CREDENTIALS

Staff Psychiatrists and Medical Director, Masters Level Clinicians and Supervisors, Bachelors Level or equivalent Counselors, Registered Nurses

TREATMENT, DOCUMENTATION AND EVALUATION CRITERIA

Individualized treatment plans are developed for each participant. These treatment plans include specific goals and objectives to measure the course of treatment. Plans are reviewed regularly and progress notes are recorded on a weekly basis. Goals are achieved through active participation supportive counseling, specialized groups and the structured support of daily living skills. Additionally, psychiatric consultation and medication monitoring (when appropriate) occur regularly in coordination with other supporting services.

SERVICE COORDINATION

We work with many other service organizations, psychiatrists and primary care physicians to enhance the link between community resources and each SERV consumer. Our client-centered approach includes acquiring supportive services for the whole family unit when necessary.

For information about other SERV programs and services contact our Administrative Office at 380 Scotch Road, West Trenton, NJ 08628.
Phone: 1-800-987-7378 Fax: 609-406-0307 www.servbhs.org

To Access our services call: 1-800-987-SERV(7378)

SERV Centers of New Jersey

Adult Programs

Overview of Services

Mercer, Middlesex, Hudson, Union and Passaic Counties
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www.servbhs.org

SERV BEHAVIORAL HEALTH SYSTEM, INC.
Building Strength through Community