

## Our Mission

Founded in 1974, SERV Centers of New Jersey is the cornerstone of the organization that has since grown to become **SERV Behavioral Health System, Inc.** A private, not-for-profit behavioral healthcare organization, SERV Behavioral Health System focuses on serving adults and children who are working to recover from and cope with serious mental illnesses and/or developmental disabilities.

Every person can make a valuable contribution to the community. That is why SERV integrates housing and supportive services to address the needs of the whole person and does not treat just an illness.

It is our goal to assist the people who come into our care to live and work successfully in their communities as they build more independent and meaningful lives outside the walls of an institution.

## Service Capacity

SERV Centers of New Jersey's service capacity varies over time. In a five-county area, we consistently provide:

- 700 individuals with Residential services
- 400 individuals with Outpatient services
- 50 individuals with Partial Care services

Mental illness carries no bias, afflicting one in five individuals in the United States each year. Young, old, rich or poor, SERV cares for those in need regardless of gender, religious background, sexual orientation, ethnicity or even the ability to pay.

### More information

For information about other SERV programs and services, contact our Administrative Office at

**1-800-987-SERV (7378)**



**Behavioral Health System, Inc.**

20 Scotch Road, Ewing, N.J. 08628  
(609) 406-0100 or (800) 987-SERV (7378)  
Fax: (609) 406-0307      [www.servbhs.org](http://www.servbhs.org)

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# SERV

## Centers of New Jersey

*Building Strength Toward Recovery  
and Independence*

### ADAPT PARTIAL-CARE PROGRAM

For adults working to  
recover from and cope with  
mental illness

Serving  
Mercer, Hudson & Passaic  
counties

380 Scotch Road  
Ewing, NJ 08628  
(609) 662-3160

777 Bloomfield Ave.  
Suite B  
Clifton, NJ 07012  
(973) 594-0125

1-800-987-SERV (7378)

[www.servbhs.org](http://www.servbhs.org)

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A member of



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# SERV Centers of New Jersey ~ ~ ~ ~ ~ Partial Care Program

## Individualized Guidance

SERV's Adapt partial-care program is designed to assist adults who are working to recover from and cope with a mental illness as they negotiate the transition toward more independent living.

Through a structured and intensive program, each consumer receives individualized guidance toward the development of skills needed to live and work successfully in the community.

The Adapt partial-care program is effective for a diverse array of consumer situations.

- Daily, individualized and goal-directed programming that is designed to provide a stabilizing foundation while increasing each individual's level of independent functioning.
- Because SERV Partial Care limits the number of participating consumers, staff is able to focus on each person as an individual. The highly trained staff includes a psychiatrist and master's- and bachelor's-level clinicians who are experienced practitioners.

## Our Program

- Psychiatric evaluation
- Individual counseling
- Case management
- Individual treatment planning
- Medication management and education
- Symptom management
- Substance-abuse education and addiction awareness
- Independent living skills training
- Stress management
- Time management
- Pre-vocational skills building
- Exercise and nutrition training
- Anger management
- Family issues
- Relapse prevention and awareness
- Relaxation, meditation and visualization
- Psychiatric symptom awareness and emergency planning
- Assertiveness and self-esteem building exercises
- Arts exploration and activities for self expression
- Leisure-time management and planning
- Recreational and social activities

## Admission Requirements

Adapt partial-care participants:

- Are age 18 or older
- Have a history of mental illness
- Demonstrate a need for assistance with daily living issues
- Are at risk of a hospitalization
- Are Medicaid approved

For further information or to make a referral, please contact our Access Center at:

**1-800-987-7378\***

\*Current SERV consumers residing in Hudson/Passaic counties, call (973) 594-0125; in Mercer County, (609) 662-3160

## Hours of Operation

Monday through Friday  
9 a.m. to 3:30 p.m.

Transportation can be arranged